

The Birders

As we ease into autumn and hopefully enjoy cooler weather, The Birders will be active again. On the first Tuesday of each month there is a meeting in the Mediterranean Skyline Caspian Room at 8:30am. We decide the locations of our birding events for the current month and share our birding stories. All enjoy fresh air and the Florida sunshine during the field trips. For more details, contact Mary Ann Nutter at mutter@cfl.rr.com or 863-438-2124, evenings and weekends.



TOPS in Solivita

Cheering on three (and there are more) soon-to-be **KOPS**. They are very near goal weight and will be **KEEPING OFF Pounds Sensibly**. Collectively, these three have lost **OVER 160 POUNDS**, with just a few more to go. It can be done! Our TOPS family provides information, accountability, support, and friendship to be successful with weight-loss. TOPS (Take Off Pounds Sensibly) is an effective national, non-profit organization. **You are invited** to observe a weekly Tuesday 10:30am Zoom meeting of our private Solivita chapter. Call Frances Martin at 770-289-1519 for details and see if our support program is right for you. To learn more about the TOPS national organization, go to www.TOPs.org.



Solivita Radio Club

The Solivita Radio Club's participation in the American Radio Relay League (ARRL) Field Day 2022 was a huge success! Our club made many radio contacts with others around the country and world under off-the-grid simulated emergency conditions. Field Day tests our club's ability to assist the Solivita community if outside phone and internet communications were lost during an emergency. If interested in wireless communications, please attend one of our meetings held the last Thursday of each month at 7pm, in the Gator Room. To join the club, please contact Paul Bresowitz at 201-919-6875 or N2TTR@ARRL.NET.

